Kai

St Vincent De Paul

63 High St Blenheim

P: (03) 577 8378

E: national@svdp.org.nz

W: www.svdp.org.nz/our-shops/

Open hours

Monday to Friday - 10am to 4pm

Saturday - 10.30am to 1pm

Crossroads Marlborough Trust & John's Kitchen

Crossroads runs on a 'come as you are' policy, and can provide a shower, washing machine and dryer to those in need, along with emergency food parcels to people in desperate need of food that night as they await a food parcel from the food bank.

2 Redwood Street Blenheim

P: (03) 578 5395

E: info@crossroads.org.nz

W: crossroads.org.nz

The Veggie Guy

The Veggie Guy provides beautiful veggies at great prices and can even deliver them directly to your door. They deliver to Atawhai, Nelson, Tahunanui, Stoke, Richmond, Brightwater, Wakefield, Mapua, Motueka, Riwaka, Golden Bay, Murchison, Renwick, Picton, Blenhiem and all rural areas in Nelson, Tasman and Marlborough. Check out the website for full delivery details.

520 Main Rd Stoke Stoke **P:** 03 922 9813

E: theveggieguyltd@gmail.com

W: https://theveggieguy.co.nz/

Open hours

Monday to Friday 8am to 6pm Saturday 9am to 3pm

Tautoko Hauora

Te Whatu Ora Health New Zealand Nelson Marlborough

Te Whatu Ora offers a range of health services throughout the top of the South, with various clinics here in Marlborough including GPs, emergency medicine, Māori wellness and after hours services. See their website below for a full list of services and clinic information.

W: https://www.nmdhb.govt.nz/

Stroke Foundation New Zealand

Stroke Clubs unite people who have had a stroke, for mutual support and friendship. As well as enabling people to share experiences and help each other, the clubs hold social activities and organise outings.

C/- 69 Houldsworth Street Blenheim 7201 **P:** (03) 578 3837 (021) 929 955

Contact

Vyvienne Dunlop brivyv@gmail.com

W: www.stroke.org.nz/stroke-clubs

Family Works Presbyterian Support Upper South Island

Enliven Positive Ageing Services improves access to community-based support for all older New Zealanders.

22 Alfred St Blenheim 7201 **P:** (0800) 477 874

E: marlborough@psusi.org.nz

W: https://psuppersouth.org.nz/locations/marlborough/

Open hours

Monday to Friday - 8.30am to 4.30pm

Cancer Society – Te Kāhui Matepukupuku o Aotearoa

The Cancer Society Marlborough supports people with cancer and their whānau through a range of support services and programmes, including counselling, living well with cancer and multiple cancer-specific support groups including prostate, breast and lymphoedema supprt.

Address

76a Maxwell Road Blenheim Central 7201

P: 03 579 4379

E: marlborough@cancersoc.org.nz

W: https://tinyurl.com/cancersupportmarlborough

Open hours

Monday to Friday 9am to 4pm

Tautoko Whānau

Cancer Society – Te Kāhui Matepukupuku o Aotearoa

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Open hours

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Koha Shoes

Koha Shoes provides families in Marlborough with sports shoes to ensure they're getting involved in sport and wearing the right shoes when they do. Head to their Facebook page for details: https://www.facebook.com/groups/4761783007181041